

You, we gotta hop on the old wagon and get over there to the baby.

Okay?

So welcome, everyone. And I'm gonna have you all mute, mute yourself. And you'll unmute and mute as we go along. So welcome. Number 7. March 7, 2024. Tag on landscape. So, living life with that perspective is what this is all about. And what does that mean? So, first of all, it means that we set space. And one of the questions I had over the week is setting space. And I did put in just some ideas within your class resource page, setting space. So there is that. But however you're going to do, it is going to be great, especially if you begin with we are sitting in the ground of sacred sovereignty. We are each cocooned in the six fold cocoon with the field of extinction of all outsiders surrounding us. We are grateful for being here together. We are so grateful for the connections of integrity and honesty and truth and love that come to us from beyond this earth, from our divine families of love and truth and wholeness. We recognize that we each have teams of support, guidance and help waiting for us. They are at our beck and call. And we are here to also understand what we may have put in the way of hearing them clearly.

But we acknowledge on their end, there is no disruption. We are grateful for the ability that we have to be on this planet, this earth, Gaia. And we recognize the agreement we star families made with her to preserve her beauty, to work with her in integrity. And we reaffirm that commitment here. So we are here with our divine families holding us with Gaia and her extensive network of beauty and help and elements to be with us in the sacred ground. Sovereign Sophia collective surrounding us. Our six fold cocoon surrounding each of us, our homes, our land, and all of those we are connected to and love. We give thanks for that and ask that our work this evening, in our work, that we be raised into that space of the fourth world, prepared for this time, this work, and for each of us. So our circle is set, space prepared, and it is open for our work. So it is. Okay. So let's put ourselves in the circle. And along with that, knowing that we're holding with

authority of a soul in a female bodysuit, the authority to speak truth and declare truth and change.

If there is any that you want to put into that divine field of good, you can put them in by name or if there's number. So besides your name, where you are on the planet, and names or numbers of those that you would like to have in that space, I'll call it divine good. Say that and then tag the next person. So I'll begin. So, Sharon Raji Maynard here. I'm in Tulsa, Oklahoma, and I want to put 17 individuals in the circle of divine good. And I'm passing to Deborah.

I'm Deborah, and right now I'm in apex, North Carolina, and I'd like to put in 30 people.

And I'll pass to Jennifer. Let's see, Jennifer, you just muted yourself. You have to hit that button again. All right. I'm Jennifer and I'm in Tulsa, Oklahoma. And I would like to put seven people, and I can't see the gallery, so I don't know who I would tag next. Let's say Pat. Ok, Pat, I'll pass to am Pat. I'm in Augusta, Georgia, and I'd like to put my daughter Kathleen in. Who would you like to tag? Pat.

Oh, I'm sorry.

I lost consciousness there. I apologize.

Janelle. Hello, everyone. Janelle here on Big island of Hawaii. And I would like to add in eight specific people today into this space. And Teresa.

I'm Teresa on Woodby island in Washington state.

And I would like to also put in seven people into our circle tonight.

And I will pass to, let's see. Julie, have you gone?

No. Okay, Julie, I'll pass to you.

I'm Julie and I'm from Salt Lake City, Utah. And I would like to place nine people in the circle. That's, I think that's everyone.

It is everyone here right now. So thanks. We're going to place all of those individuals into that field of divine good with the teams and individuals who are there who can dissolve what seems impossible in that dissolving of the impossible negativity, new doors open for that which is highest and best for all of those that we care about. And we give thanks for those in that space. And so it is. So before we go any further, I'm going to tell you why this divine good and how it came about. About two and a half years ago, I was working with another daughter, and I was staying in a motel room with her in Darrington, Washington, because her child was in school. And we were making arrangements of how to get her into the help place that she mostly needed to be. And I woke up Monday morning keeping everything going from Darrington. I woke up Monday morning and I had a Zoom call. And I get on the Zoom call and I realize I don't know how to do it. I don't know how to do it. I mean, what's the button? I don't know.

How to do it? And I went, wait a minute, that is not me. That is not me. Now, I don't know if you have heard of walk ins, but I've had an experience with them a lot during this work. And that is where, by agreement, a soul who is disembodied, just a soul in agreement with your own soul, shifts places and a walk in, sometimes it will be the original soul in the body is finished, tired, wants out, and instead of committing suicide or starting a disease, they simply are contacted by another soul who's not in body, who says, can I take over? Because I can use where you're at to further what I need to do as a soul. And the agreement is made between the souls, and the original soul leaves to go to wherever that journey takes him or her, and the new soul comes in and completes whatever needs to be completed of the original soul and then begins their own journey. But this one wasn't that. I said, wait a minute, pendulum. And I said, this isn't me in the body.

And they said, no, you're in a meeting other places with other individuals, and we needed you to be there.

You needed to be there, and so you've got to stand in. So I had to stand in trying to figure out how to do zoom. I don't know if you know Cinda. Most of you know our friend Cinda. She said, I knew it wasn't you right from the start. I knew that wasn't, um. So we got through the zoom and know I said, this is what's going on. So you're going to have to help me here, because I don't know this technology. And we got through it just great. But when I was through with the zoom call, I said, okay, this is going to be going on for a while. I said, yes, very important meeting. Here are some names, planning some stuff. Okay, great. Stand in does fine and walks through my day. But during the nighttime, I said, I don't want to come back with no understanding of why I left. So as I come back in the morning, I can tell I'm back. I'm back, and I'm going like, okay. But I'm not going to wake up until I have as much understanding and remembrance as possible about why and what was going on.

My understanding is that there was a group of masters and healers and names we'd know and not know that had come together because there was the opportunity to create, literally, a collective, which is, I call it a field of those who would be very committed in helping individuals move from non health to health to get that back to that. And the only name in the moment I said, what could we call this? And the only two words that really resonated to me was divine good. Divine good. Just call this project divine good. And so this is literally, it's not something I made up. It's something that I experienced that I'm bringing back to here to anchor in this group and other places. When I say we place those in that place of divine good, it is a collective with purpose and intention. So there we go. Now, the question I have for you that I sent out in the email is, where are you in, what questions you might have. Where are you in? You want more understanding about certain things. Where can I find more about anything that's up for you? We're going to spend the next probably maybe 20 minutes or so addressing what

is on your mind as it relates especially to what has come up because of what's going on in your life.

Because that's how we are learning. We are scientists, we're trying on ideas, we're trying on concepts, we're trying new things safely. And then we watch what comes up and we understand then more because of what comes up. So with that in mind, I'm just going to open the field. And if we take like 2 seconds or two minutes or three minutes each to give everybody one go round, and then if there's more time, we'll go another go round. So with that in mind, field is open. And what is it that is up for you, Jennifer? I see your hand up. Yeah, I had thought about it before. Is like when you're doing.

The work.

On yourself, like soul integration, or how do you facilitate being the facilitator and being the one that's being worked on without, like, does that make sense? How do you play both? My, I was wondering about that. Harley's coming. Just a moment. So how do you play both roles? Well, first of all, all of us have various aspects of our personality that come out at different times. Some of them we're conscious of and some of them we're not. So we definitely have the ability to be this face with one person and this face with another person. And it's not about being not true to yourself. But I can reflect this much of who I am. Maybe I can give 10% of who I am here, where here I might be able to give 90% of who I am, but it's all who I am. But this is how a dialog process works. And we have it with soul integration, we have it with crystal child. We have it with the. Let's see. The crystal child, the soul integration, and also the balloon. Right. So the soul integration and the crystal child, the balloon is that you understand that you are the one, the director of the process.

So there's a you here. I am here. And when you are speaking or listening to the directive, you are listening with a part of yourself that's kind of like left brain, that part of yourself that hears directions. So the left brain hears the directions and

then it softens and relaxes. So that right brain, you the soft, automatic. What comes out of your mouth. Right brain comes into play. It happens all the time with writers. The book sometimes often writes itself because they are listening and letting the right brain come up. So that's how you do it. So the left brain is the one that would say, I don't think we're doing it right. Wait a minute. I don't like that idea. Are you sure that's true? So the left brain, because you're in charge, you say, whoa, slow down. It's not your job. Your job is just to speak or listen or read the word, the directives. So slow down, left brain, slow down. Quiet. And then your right brain has the floor. Okay. One thing I really want to reiterate again about that is that what I've been told, because I've asked those questions, is the stories that the right brain tells, is the stories that are going to bring the healing about.

It doesn't mean that they're absolutely true. So, for example, you might see yourself walking in Christ's footsteps when he lived. You might hear the story about that. It may be true, it may not be true, but what's most important is how does it help you unwind the energy so that your life today is reflective of what you want, you see? So, for me, if we get so hung up that I walked with Jesus, therefore, there's something special about me that traps us. The stories are there to unravel, unravel, unravel into who you are and what you're claiming for yourself today. So, are the stories true? Doesn't matter. Will they unravel what you're trying to heal? That's the only thing that's true. And that's the job of the right brain. Great. Any other questions? Thanks, Jen. That was a good question. Welcome, Arleigh. Welcome, Andrea. We're looking for any questions, anything you want. Deeper understanding about feedback from what's happening to you, especially celebration time. That would be good. Janelle.

Well, I have a celebration, and then I have a question. Right, so I'll start with the celebration. So one of the things that I've been struggling with for actually years, over a decade, but it got really severe in 2020, was this pain in my feet and in my legs. And the legs got healed up pretty well after I got the 11th hour protocol in this past summer. But the feet issue was not getting any better. And I had a

horrible diagnosis from the podiatrist, basically, like, you have no fat pads and you have these neuromas and we can't do anything about it, can give you steroid shots, but you're going to be in pain for the rest of your life and just modify your movement. And so that was crappy. And then it dawned on me a couple of weeks ago, I reached out to Sharon saying, like, oh, actually, I have this issue. And she gave me some insight. And so then I followed it up about a week or so, maybe ten days ago on my own doing the crystal child, basically. And it came up that the neuromas and the issues with my feet were preventing me from moving forward, were, in fact, parasitic and had been given him a job, and he was doing it really well, but he didn't want to do it anymore, and so freed him of that job and gave him, he chose a different job, and they went and did a different job.

And then I'm like, well, who wants to fix my feet? I still need my feet to be better. I'm glad it's not going to get worse, but how is it going to get better? And so this is kind of my question, and I don't know if I did something wrong, then I see and I hear, whatever this family, these people are coming, and they're like, we got this, and we're going to take care.

Of this for you.

And it wasn't this. All of a sudden, this one woman said something to me in this voice that reminded me of the evil woman in the british movies. She just sounded like that. And I was like, immediately was like, wait, are you outsiders? And then it was, and they were. And so I was like, well, how the hell did you even get here? How are you part of this process right now that you even got to come in to then slip in to make things worse? So that's my question. So hold that pin that. So then I recognize that they're parasitic, and I clear them out. And then I ask my team to double down and, okay, moving forward. Then I'm like, okay, is there anyone that can help me with my feet. And this unique being with all of this hair starts having, remember the trolls back from the little trolls? So it was like all these little trolls started coming out of the beard, and he was like, oh, this is all like, magical hair.

We got you. We can go and we can fix this up. And my good foot had just flared up so badly.

I don't know why it had just flared up. And so that's why I had done this work, to be like, okay, wow, what's going on? And by the end of the weekend, I had no pain at all in my foot. And it's continued to be very minimal, but I'm even on my toes, like, wow, I don't have pain. And it just blew my mind. So I'm super excited about it and I just wanted to share the confirmation of it working. So, yeah, thank you. But I am confused as to how the parasites came in during. I thought I had set the protocols and done at the things, but then, so I would love support around that.

This is what you have to understand, and this is what I learned when I started doing the work. 89, 90, that we are so contaminated personally. We are so chucked. Full of toxic energy, personally. The cords between us were stuck, were stuffed with our toxicity. I mean, we did not have energy flowing like we were talking about in 1989. And they continued to talk about just love and everything's great. We were really deceived. We really had had so much toxicity happening to us personally that we were putting it everywhere, including our body and outside of our body, into connections. So it would be very unusual. And I don't have my pendulum here that they came in, but it would not at all surprise me that they flushed up because they've been with you a long time.

Even having done the clearing and activating.

The protocols, it would still, they are not just one. They are groups and groups and groups and groups. And if you've been a leader, if you've been a major change maker in other lifetimes, you have been monitored, you have been deceived, you have been implanted multiple times. So you identified a group. One group might have had hundreds of tentacles that you identified and eliminated. They were gone. But now what shows up is another group with a false face that shows up. So don't worry about it. Just do your work. If you wanted to ask, are these new

outsiders that have sometimes somehow slipped through? You could ask your team that, are these outsiders that have slipped through? I would be very surprised if the answer was yes.

But these are outsiders who have been.

With you, lifetime after lifetime after lifetime, totally hidden, doing these little subtle things to stop you, to use your energy, to make sure you don't use your energy, whatever. And in this lifetime, in the last 20 years, truly only in the last 20 years have we known enough to begin to restore the voice of authority here on the planet in order to eliminate them. So they've had total free reins. They've invited others in. And so that's what would make sense to me, because if they have slipped through, then you would want to ask your team, your team of life, what am I missing? Because if there's something that you're missing that is allowing them to come through, you'll want to know that, right? But it doesn't surprise me at all that there is another group and another group. And so that's why in doing the generational, the seven generational, we'll talk about that a little bit later. We're able to do things much more quickly, compress many things all at once, and clear up faster than if we had to do one piece at a time. Okay. And feel free to report back what you.

Okay, thank you.

Next. Andrea, I think that's you. Okay. Can you unmute? I see she's driving. You'll have to unmute, love. Oops. She pushed the phone button.

Okay.

Yeah.

So, anyway, apologies for being late on a swim. So, yeah, as Sharon knows, I had a really intense, difficult thing happen with a work project that triggered a very

long lineage of very painful stuff. Feeling unsafe, unworthy, like a fraud, undeserving, all that stuff. Super, incredibly painful, triggering a lot of PTSD and stuff. And we did the crystal child, and I did some other healing modalities and really got at it on this 24 hours or so period. And fortunately, woke up feeling mostly a lot, lot better, did whatever kind of clearing work and all that with the stuff that was there, and definitely got back to good mind, which is huge, because when I feel like that triggered the intensity of pain that I feel emotionally is just not my favorite as far as just emotional dysregulation. Just really, like, not fun. But anyway, the good news is that came through it quicker than I have sometimes in the past. And then I also was hearing how a friend of mine who's also kind of a spiritual seeker was talking about, you can tell your guides, show me the easy way. There's the hard way and the easier way.

And so I've been kind of playing with that a little bit, too. Like, show me the easy way. I'm working to expand in my business and my lively, my thriving and all that stuff. So it felt like within 24 hours, we did all that kind of crystal child clearing stuff. And within 24 hours, I had some incredible little miracles and serendipitous things happen with a woman who's promoting women owned businesses in my boathouse and learned that I do home organizing, styling, as well as defined art. And she has clients that could use me. She herself could use me. I also happened to make serendipitous kind of synchronistic connection with. I was working with a client and the stager, a woman who does staging for real estate companies, came in, so we exchanged each other's information. Like, she could have projects that I work on. The client I was actually working on with, she has a beauty salon. And my next hair appointment would be like, gosh, \$550, which I cannot justify right now. So she's like, I do trade. That was a little miracle. And then I had another potential client say, yeah, I want to work with you.

Let's plan out in a couple of weeks. And there was another thing, and this is all pretty much within maybe 30 hours or so after the complete crash and doing the crystal child thing, it kind of was a fire under my ass because I also realized, like,

I need a gentle life. I'm super sensitive, and I'd really like to make more money doing art licensing. Like, I send you a high rise file, you send me thousands of dollars, which I've had some of those projects. So I just start calling art consultants in LA, find out who works with television and movies, because I've had some stuff in television shows, but I don't have that connection because it came through my gallery and they don't share any of that. I checked out one art consultant. I gave them a call, described different projects I've done, like Google commission, hospital projects, things like that, and they're like, wow, yeah. Where we have projects coming up. Please send us your stuff. And here's a different email to use for that. So I just realized this can be easier. And I'm already having these incredible miracles of connection show up.

And it just feels like, you know what? I don't have to work so hard and beg for what I'm worth. It can just come. And I'm feeling so much better still. A little bit like a train ran over me, but so much better. So that's my miracle from doing the work.

Yeah, that's great, Andrea. Again, we're living from the inside out. When we change the inner world, the outer world changes what we haven't recognized before, many have not had the tools to go deeply enough, to go fast enough, to go strong enough so the inner might take a lifetime to change. When I first started doing this, and the three sessions of tag, which was minimal to what we do now, three sessions of tag, I said to my team in those three sessions using the tag, how long would it have taken these clients just using what is conventionally out there? It was anywhere from three to four to five lifetimes. We have been used to coming into our life healing a little bit, hopefully not adding anything, and then healing a little bit and healing a little bit. So when the inner changes, the outer changes, and using divine good, for example, when we say dissolve what seems impossible, and if you have to say that every day and ask them every day around a specific situation, do so that new doors can open. So if you have, and we have made contracts with ourself, we have made contracts with each other as women to keep ourselves safe by staying small.

And I'm going to pull you down and you'll pull me down. You keep each other safe by being small. We have put in place consciously the hard stuff. And so part of getting to the easy stuff Andrea speaks of is being able to identify the hard stuff when it comes up and eliminate it and heal it and remove it so that the hard stuff in our field isn't there anymore. And the less it's there, the more, the easier it becomes because we are living from the inside out. Okay, anyone else wants to pop on in with stories or questions?

I do have another question.

Okay.

So in regards to doing this work, I've had success doing it on others. But recently, a friend of mine, his mother's really sick and has been really sick and literally looks like a skeleton with skin. And they're just wondering why she keeps holding on. And I don't know her. He sent her full name and her birthday. And so then I did what I know to do and did the 11th hour protocol for sure. But then I haven't gotten any information, of course. It's just not up to me. But I felt like it didn't feel as strong as it has when I know the people. And so I'm just wondering if there's anything that you can share in regards to doing this tag work for people that maybe you don't have an emotional connection to, to make it as impactful as possible.

Yes. Your stories will always determine your experiences. What I would do in that case, I do this work. It doesn't feel like I'm really as connected in the same way. So that's when I would do the work, and then I would go back to my team, and I say, okay, I want to feel as connected to this person as I do to this person, as I do to this person. I want to feel fully connected to anyone I'm working with who calls to me. So I would do a reality statement on it that I do. And then you can say to them, and now you've made that choice. Now you can say to them, what is it that I need to strengthen? What do I need to master? What do I need to know more

of? What is it that I need to do to make this effective? So you take it as feedback, and you say, do you want to keep it that way, yes or no? And you're saying, no. So then you write it differently. Up until now, and this is part of what I was going to share, and I'm going to share it now.

Then up until now, my experience with those who I am asked to help vicariously through another person I don't feel as connected to. That's been my experience up until now. Then you flip it. What do you want? Do you want to keep it that way or not? No, I don't want to keep it that way. Then you rewrite, because who's the authority here? You. So you rewrite how you want to experience it and anchor that in place. Then you can say to your team, now, what is in the way? What do I need to do? And now they can direct you to do what needs to be done in order for that to become stronger. Then the next time you work with somebody in the same fashion, you notice if there's a difference, if there's not a difference, then you say, no, that's not exactly how I want it either. I want it even stronger than this. So they're you giving them feedback so that they can help you strengthen things, remove things, and put yourself into that place that you're designing.

That makes sense. Okay, thank you.

I've said this, told this story before. Someone brought to me this pendulum. They were so excited. They'd been on a trip, and they found this pendulum. And the pendulum said, I belong to Sharon. Take me to her. And they brought me this pendulum. I'd never used a pendulum before. And I went like, oh, my gosh. It was like, forget that. Like, king's ex on that, thanked her graciously. But, boy, did I not want to deal with that pendulum. And I determined was shown that in other lifetimes, I'd use divining tools like that very well. It was something I was never going to do again because we got killed by doing them. We have put things in place to sabotage ourselves intentionally, and we've put things in place to sabotage each other as women, intentionally to keep each other safe. So all that will come up, anything like that comes up, if it's in your inner world, it will come up and then you get to say, yes, I want to keep it that way, or no, I want to change

it and then work differently. That's where reality statement shift brain balance comes in. The one thing that I want to cover, too, in relationship to the reality shift statement, reality shift brain balance at getting neurologically.

There is also a process. I mean, the trauma in our bodies and therefore in our field is immense. And Janelle sent an example of the tapping process. The tapping process addresses specific issues and is being used out there pretty much in the world, a lot more than before, around specific issues. And they tap on the meridians, different meridians of the body, which also is corresponding, I understand, to the vagus nerve, which is really an important thing, too. So that does not create brain neurons, but it does release trauma around an issue within different aspects of the body. So you can go on, know I'm not going to create one. Our good friend Emma has done it before, but I don't have an email from. But there's lots of them on YouTube. So you tap the top of your eyebrow, the side of your eyes, under the eyes, under the nose and chin. You can do those two together. Clavicle under the breast and top of ribs, under the arm, and then on the wrist and then on the top of the head. And it's about releasing trauma in that system around specific issues. I'm not good enough.

I don't make enough money. The one Janelle mentioned was one specifically a great dialog about the seven generational healing was. Again, it releases trauma in that system. Now I'm going to show you and I'm going to move this. I was trying to figure out, I was going to use Jennifer as a model, but I can't use Jennifer as a model because I don't have a good setup, but I'm going to do. And then I realized that a lot of you may not be doing this on clients, but you might be doing it on yourself. This is called the french release method, and I've mentioned it before, so here I am. The french release method requires a balloon, and the balloon becomes the absorber of trauma across the board that's what's different about the french release. It does not have to be around an issue. So you tap on the area right here at the clavicle and say, is this body willing to release trauma through the balloon? And you just tap and you get a yes or a no. And if it's willing

to do that, then great, then what you're going to do, and if you're doing it on a person, it's like massaging the body with the balloon.

If you're doing it on yourself, it's massaging the body with the balloon. And you just let the balloon, you roll it around down your arms. If you're working on another person, you can do a lot, can kind of push. So it's like a massage. If you're doing it on yourself, it's more like just running it over different parts of your body, up over your head, face. And if you're doing this on another person, when you're rolling the balloon around the head face area, you do not push. You do not want the balloon to pop on the head area, but the balloon will pop, and then you're going to roll it around your abdomen. Abdomen area is big for women. All that area of abdomen and stomach, creative center and running it down your legs and up your legs. I often go against the wall, push against the wall, and at some point that balloon pop. And it's really important. That pop is important. It's like release. And then you just kind of tap on the centers of your body, the chakras, brush it off, release, release, release. Snap your fingers, stomp your feet if you're doing it on yourself and take a breath.

Release. I don't know any other trauma release that is around trauma itself. There's a little bit more that needs to be released in that balloon. So that's the french release method.

Sharon, can I share another resource?

Yes, you can.

There's this thing called trauma release exercise, and I can send a YouTube, and it's something, if you have something really deep and hard, they suggest having somebody with you. But it basically is doing like some squats and some other exercises that promote exhaustion of the muscles until they quiver and then allowing the quiver to take over your body so that the stored trauma in your body is released. Like how animals shake after trauma, it's invoking the same thing,

but it releases all of the old trauma within the body so that one takes a little bit more activity because you have to physically exhaust your body. But I can share that as a resource if people are interested that's the.

Purpose of having a lot of tools. Right now, we're living in a world we've always lived in a world that's been very toxic. And the toxicity and the stress, though. However, for the last, let's say, six years, anything that we can do to support a. The constant removal of toxins. Zeolite is another thing I use quite regularly, which pulls toxins out of the body and moves it through the kidneys, out of the body. So anything like that that you can use to release the trauma, keep the stress at bay, add things for your supplements to support your brain. Herbal combinations for calm is important because we are in a much more condensed space. The time is shortened, things happen faster. Things are going around the world that are much more impactful and creates a sense of non safety, doubt, fear, et cetera. And so all the tools that we can share, we can then have options, each one of us, to use them and be drawn to them. What doors open to you? Share what doors open for you. Because we're trusting our inner team and our inner knowingness to how do we put together our unique way of getting through this situation or getting to the next level of experiencing.

Okay, anything else before we take a break? Oh, there's Deborah. Yes, Deborah.

Can you just repeat and. I know, I know it, but I can't get it. All right, so we can dissolve what.

Seems impossible and open doors where there were none.

Thank you.

We placed this individual or this situation or into the hands of divine good to dissolve what seems impossible. And that means ptos are there. That means healers are there. It's extensive. Group, dissolve what seems impossible and open

doors that were not there. Thank you. Okay, anything else before we break? Okay, so let's take. Is five minutes enough, or does anybody need a little lot more time? Five.

Good.

Five. Good.

It.

Okay, so at 25, I'm going to say 626 after the hour. We'll be back and get into more. So see you then. Bye.

In my experience, one of the most valuable things I was shown and learned was how to connect to what I call the ancient ones. I've for many years, called them the team. The first contact was with Christ. And so Sananda. For me, without that point of learning and guidance and support, I wouldn't be where I am today. I don't know where I'd be. Not so good? I don't think so. I want to just go over that. And I know all of you are intuitive and you're getting answers. And how do we strengthen that muscle? Because remember the story I told about my friend getting a professional saxophone? She had to go back to ground zero to practice, to practice in order to become proficient at that saxophone. She's in process. She's not proficient yet, but she's practicing. So all of us, before we were born, when we decided to incarnate, called together allies that we trusted. Our friends we trusted. We called them together. And let's say that there is ten of them. And I call them the causal team. That's the team at control central that helps you look over your plans. When do you want to come?

When's a good time? Who do you want to come to? What contracts? What do you want to. I mean, they were there and have been there from the beginning of your decision to incarnate. They come with you onto the planet. Not in body, but they come with you onto the planet. And they have been with you every moment of your time on the planet and will be there to help you move off when you go. That doesn't exclude family members and think people you love and care about. That's passed on. But the causal team has always been there. You didn't know it. I didn't know it, and therefore, and they have to live by the universal laws on this planet. And one of the laws of this planet is that the person in the bodysuit is in charge. This is where the power lies. To declare, to ask for help, to ask for more, to clarify. And they are there to respond at whatever level you're at and also to encourage. So they're not going to come in if you hear of somebody who says, I was forced to do this calling because if I didn't do this calling, my family would be punished.

And I've heard that from teachers who call themselves spiritual, as if it's a badge of importance. No, it's a badge of outsider influence. Sorry, but it is because the law of this planet says, you, soul in a bodysuit, are in charge. Now that causal

team is always with you. And the problem we have had is we haven't known what kind of support we had because we were looking for the people in our life to be supported. The president of the United States to change things, our elected officials to change things, our father to make it better, our mother to give us all we needed. They're there. Kind of like a support, really supportive players where we've made them the main players because we have been so locked into thinking that the physical is all there is. So the causal team is always there and always has been there and always will be there, too. And they have to match their activities to your level of allowance or your stories. So claiming, when I had you, I think in the first class, I said, claim who you are. I am a presence of. What do you want to radiate out into the world?

I'm a presence of love. I'm a presence of discernment. I am a presence of wisdom. I am a presence of compassion. What are you a presence of? What are your values? What's your motto? Then? The second statement is, my spiritual teachers and guides have the qualities of integrity to my highest good commitment to my expansion. They come with joy and love. Whatever the qualities of my spiritual teachers and guides are now for me, that doesn't exclude physical teachers. It includes physical teachers who are trying to teach and share more expansive or expansive things. But it definitely includes those who are in the unseen that I have to trust the feelings, the words, the symbols. I do not say my spiritual teachers have the name of Jesus because who in the world could come into my space as an outsider and say, I am Jesus? Sorry, it doesn't meet the criteria. I don't care if they say they're an ascended master. I don't care if they say they're metatron or archangel Michael or Raphael or whatever. I don't care. Thank you. That doesn't mean anything to me. Does this information have the qualities of my spiritual teachers?

Which is this information brings me blank, a blank, a blank, a blank, a blank. So that's where you start. Where you start, everything is with your choice, and that's a reality statement, and then a reality shift, and then a brain balance. And then you can also add on all the trauma release stuff. And whatever comes up will

either say you're clear to go, or wait. This is in the way, like the pendulum. It didn't work for me until I cleared the way. And I cleared the way to get answers through the pendulum. But those answers had to come. It's not the pendulum who's giving me answers, by the way, it's beings. Beings outside of body moving, the pendulum. So whatever information coming from any source has to match this criteria. And then once you receive that information and you capture it in whatever way, mine comes with words. Very easily with words. Sometimes I'll have dreams, more dreams lately, and pendulums, for sure, you capture it and then you can always say, are you of the light? Is this information of the light? So you become a master by practicing. You set aside time, even if it's 15 minutes.

I'm going to set aside 15 minutes once every week, once or twice a week. Whatever set aside time, you design it. That's your job. I'm going to set aside time because this issue is big. So I'm going to set aside a half hour the next three days and get as much as I can get over this issue. Set your space. And then I am a presence of. My spiritual teachers bring information that match the qualities of. And then I work with questions. So when I'm in that place and I'm ready to ask, then I'm going to ask a question. Then I might do like a soul ingression. Who in my space can help me understand this situation? Or if I have a question, who in my space, matching the criteria, knows why this is taking so long? Whatever. Now that's your left brain, but it's your consciously chosen left brain. You are consciously choosing it. And then sit quietly and just listen as if you're waiting for the other person on the phone. And this is where, in the hermetic tradition, the very first thing they teach in the mystery school was quiet the mind.

Quiet the mind. Quiet the mind. Just sit quiet the mind. And I don't know how your answers come, and you're not newbies, so I know you get answers. So whether it might come in colors, it might come in symbols, it might come in stories, might come in words, it might come in feelings. I had one client years ago, in the very first part, very beginning, and her information came through smells. She hated it because if it was an off energy, it smelled like poop. But she kept trying to shift and change it. By the time I lost contact with her, she hadn't

done. I said, first, refine what you're getting and honor what you're getting. So what does this smell mean? Or what does this color mean? Or what does this symbol mean? Because then if it comes in those ways, then you have to interpret. What does that mean for you? Same thing with a dream. What does that mean for you. And then once you've interpreted it, even. And I get words. So even getting the words, then I can sit back and say, okay, thank you. Thank you. Take a breath and turn to.

Because I have a great trust in the energy being that I call Sananda because he's been with me from the beginning. There's only one time he wasn't there, and that was when something major was going on in Russia. He was over in Russia, and I had a stand in for him, constant. So I might get information and I would breathe and capture it, honor it, and then I would turn to sananda and say, sananda, is this information of my highest good, or is it coming from my light? So that's the process. If the answer is no, then you have to redesign and strengthen your inner world. Okay. What's there that's been interfering with clear hearing? Clear sensing, clear knowing. Use your process, move it out, bring in the PTO deep six and practice again. And for that process, I really recommend a journal. When you're making a shift from here to here, it's really fun to have a journal that you can kind of capture what's going on just so that you can go back and say, oh, yeah, that's where I began. Oh, yeah, that's where I was. And here I am, here now.

So you can also applaud and celebrate. So, again, to me, that is a critical piece of living on this planet, getting your own information. It's called the sun path. What I am sharing with you right now is moon path information. It's information from what I've learned, what I've experienced, what's worked for me. And it's moon path information. And that's great. It's a good place to stand. It's a place to learn and to be curious, but it isn't yours. You stand on that information, and then you find your way to get your information. It will come to you in your way, in your words, for your situations. And that's the sun path. It's the only path that will get you to what I call back to soul, back to your star, soul to yourself, is your own information. That's the path. And it only opens to you, through you. And then you

become a moon path teacher. And already are. I mean, I'm speaking to the choir here, because then you can say to other people what has worked for you from your experience, and then you are a moon path teacher to encourage someone else.

The problem I had in my original church was that they taught people to monkey or mimic someone else's claimed experience. I know this is true. Well, how do you know it's true? Well, I just know it's true because the bishop said it's true. How does he know it's true? Well, he knows it's true. They didn't encourage you to question the moon path. Try it on to see what happened and then get your own way of going. And it's very common out there in the world where that's how cults happen, it's how religions happen. We have the only way. If you want to be safe and get to heaven, do this. No, that's a moon path. And it's okay to start there, but don't get trapped there. And don't be afraid to grow beyond it doesn't mean that you have to make them bad, make them wrong. It's like, no, whatever is of value. Fine. And then move beyond it to your next step. What new doors open for you? The other thing I wanted to touch on is what's going on out there in the world. Now I want you to be honest and raise your hand if you find yourself concerned about what you hear or told or witness about what's going on in our world today.

Because what's going on in the world today is coming from inner, because that's how the law works. So there's things in humanity's psyche. It's not just yours, it's humanity's psyche. All these troublesome things about dominion, control, violence, kill, retribution, you name it. Why is it there? It's because it's in human psyche. And the law says it has to manifest. And we divine star family set it up that way so that we could, when we got the authority, which we have now, we could say, aha, there it is. Because all of that is not of light. It is not of our divine home. It is from outsiders agenda where they crippled and twisted their right to create the same way we want to create. They twisted it in order to use energy of other people, a different kind of experience. And so it's been planted into psyche, it's been broadcast into psyche for many generations and into the galactic world. And so what we're seeing is what is in human psyche. Okay, I want to walk you

through this experience called, I call it the wooden indian. So just take a breath and I want you to get a sense of a person in the world.

And I don't want it. You can do it individual if you want to. A troublesome person, it can be in your life. But if it's in the world, that's fine. Like, I'm thinking of Putin. So a troublesome person, and in your imagination, have that person in front of you, right in front of you, distance from you, your cocoon, totally safe, but there's that person in front of you. Now you're going to freeze frame that person and have that person become like a wooden cigar store indian. It's a wooden figure, but it has doors that open. So now a cabinet, open that person and look inside. Look inside. What do you see or sense inside the figure of that person? And just remember it or write it down. And once you've got it, you've got your team there, the PTO is there, your tag healers are there. Whatever you see inside, I want you to place it into the field of divine good and have it deep six, place it in the hands of divine good for deep six and then look behind the figure. What do you see behind the figure? What's behind the figure?

You may see words, you may see color, you might see forms. Now, because there should be no manipulation behind any of us in a body, call them the PTO and the extensive PTO team and have them identify what's behind the figure as not allowed any tentacles are to be unplugged from the figure, and those tentacles go back into what's behind. You. Say it's a PTO, deep six. All that is outsider into the project of extinction. Now, deep six, until you can snap your fingers and then focus back on the form, the figure, and say to those in the tag, pto divine good field, take this declaration at least seven generations in the past for this person. Their connective generational families activate this generational healing. Seven generations in the past. Get a sense of yourself surrounded with the Sisters of Sophia collective, the sisters who are holding that authority, and together with those in this circle, left hand, our staff, goes in the ground, and we say, this is our life, our body, our space, our home, our family, our country, our world. It belongs to me. I own this space sword into the heavens, into the PTO, the laniakea, the galactic collective, and say, deep six, outsiders to extinction.

Now. And then take a moment to listen. Is there anything else that you need to hear or do? And when you're ready, take a breath and be back in the Circle. Now, in the past, and I'm saying, like, three months ago, we were very clear in the tag work that anything we saw out there in the world, even if it's just a sense of offness, we could say deep six turn it over to the tag team and the PTO and go about building our life. But it is our responsibility when we see things that are not of light, that are troublesome, that we turn them over to the PTO with deep six, it's our responsibility. Doesn't need. We need to work in that region. We be focused on it, but we certainly say it and turn it over. And so what we did, now, you see, as I pulled together several things, some of them new, some of them old, into a process that's more impactful while giving you an opportunity to see, and I'd like to hear from a few of you, what did you sense or see or feel with that person in front of you, and what was that about for you?

And so let's say three people. Pat. Whoops. You're still muted. Pat, you're still muted.

I saw this guy that tried to extort money from me last year, and one of my friends got so upset about it, she did some background checking and found out his father was a multimillionaire. I thought that was interesting. So when we did this process and you said seven generations back, and I thought, wonder how this is going to affect his father. I wonder how this is going to affect their relationship. I wonder who else this is going to affect. It's interesting, isn't it? But not that it's meaningful to anybody but me. But I did see something, and it did, and I did the process that used. But I thought, I wonder what he would even look like now. I wonder how that's going to work out. But I feel like it's going to work out in the best interest of everybody, including them.

Then you claim it to be so, Pat?

I do.

With reality statement. Thank you, Pat. Anyone else want to share?

I won't name who it is because there is a troublesome figure that I perceive as troublesome. And when I opened the cabinet of this person, it was like this tray of rotted meat, maybe, but also like tentacles. So I was able to remove kind of this tray of. But what was interesting is what I saw behind was I couldn't see the end. It was like there was a line of forms. They didn't seem to have faces or anything, but it was just like a line of forms. I couldn't even see the end of it. That was just extending beyond this person. And so what it originally, when I saw that before you prompted us, I thought, oh, Lordy, then this just means that as soon as this person is gone, then there will be another person that becomes this troublesome person, which is kind of what you talked about in terms of part of our humanity, is just trouble. And so it felt a little hopeless. It's like, okay, so if this person is stepped aside, then there'll be another person and another person, another person. So the prompting then that you gave to kind of just disconnect altogether felt like a way then to be more impactful in just at least disconnecting that line and then talking about going seven generations back.

So that was my experience with that. And I like that because at times I feel a responsibility to kind of see and witness things in the world, but I also feel a sense of wanting to protect my peace and my sense of that there's any hope in the world. And so I feel like this is also an exercise that gives me a way to do both, to do what I can do and then get back in more of my present life versus just being an ostrich in the sand. So thank you.

One more, Andrea.

Unless there's someone else that wants to jump in. But short and sweet, mine showed up kind of almost like a finger pocket with really scary, like, behind this situation. And just the process of kind of going through that just softened it all. And it kind of showed up almost as a way of, like, when you're vulnerable, you put

up this big, scary front, but it's really like there's vulnerability there. So that's kind of the impression I got, and it really just sort of chilled out. And then I just wanted to point out the thing you were talking about around the guidance and the team is I have found when I write and I ask the questions and I listen in that way, that a lot comes through that way. So I am making a commitment, allowed to just do that kind of check in more often. And I also can just sometimes dialog. Even as I'm driving, I think I just forget. And it's so easy to just be distracted by audiobooks or other things. So thank you for the reminder to listen and to access that guidance. That was really helpful to remember.

Good. I think the one thing I want to add as a takeaway from the indian is to recognize that here's this person. It looks this way to you, but when you open the cabinet, there's something inside that is coming forth. So it isn't the total person, but there's something inside that is influencing, and that's always true. And then there's usually someone, something in the back that also is manipulating. And I've said this before, you might see somebody like a putin in the world doing really crazy things, and someone using his presence, using his body. Outsiders do that all the time. They are usually not born into a body. They usually use it, like, manipulating. And so the influence that outsiders have on individuals is everywhere. Everywhere until it's not. But for some, the influence might be 90%, and for some it might be 10%, and for some, it might be fluctuating between 30 and 50. And so we don't say this person here needs to be removed. This person needs to be frozen in time. Cleared off. Cleared off. The outsider influence, cleared off. Then the bodysuit itself may be absolutely ready for a walk in to do good things, truly.

And the bodysuit might be so damaged that it dies that we're not here to make anybody die, but we are here to make them sovereign. And the result of that sovereignty might be an entirely new way of being in life. And it may be that the body itself has been so damaged that the soul said, that's it. I'm out of here. I'll come back a different way. Janelle and then Deborah.

And then I'm not sure if I did the visualization right, because when I didn't really see a lot, I just felt like there was yuck when I opened up the cupboard. And then when you said to look behind it, I just saw, like, sunshine and like a meadow, just like a really beautiful scene. And so now hearing you then, I'm wondering, okay, so the reason that I questioned this then, after hearing you is that I did it on my new sister. And she says she's allergic to the sun and she can't be outside in the sun. And it just made me think about that after you were talking of, like, well, maybe there is something. And so what would I do with that?

You would ask questions. You would clear out the gunk. You would clear out the gunk, because maybe the gunk is what makes her too sensitive. But the gunk needs to go. Then you would. I need to know more about the sun. Show me. What are you trying to tell me? For the sun? Is that picture that I got, was that information from the light from my team, or was it. Or the outsiders pretending to be a light force to justify keeping her stuck out of the sun. So that's where having connections and being able to ask questions and let your curiosity lead you, that's how I would do it.

All right. Okay, great. Thank you.

And then find out what that meant.

Okay.

Yeah, I did Putin. And when he said to do clear seven generations back, one of the things I got is that somebody in his lineage had influenced him in wanting to reunite all the what at one point with the Russian empire. And I was like, oh, I wonder what that's going to do to get that resolved.

Yeah, because who would say that collaborative divine family member would not say that? Let's grab everything back. Let's have all the power. That definitely

would be a concept, to my mind, coming from outsiders that needed to be cleared out. Right.

But it was generationally back.

Yeah, it's back there.

Absolutely.

Yeah. That's great. And the other thing, by adding the generational piece to it, not only would you go back in time generationally, remember, part of that generational work is saying all contracts that any divine family soul member made to play out the drama of outsiders, those contracts are gone because divine family members are playing the role of victim and abuser. Of victim and abuser. We're playing the role as divine family members on both sides of the harm, the harmed. Why? So that those of us who kind of are out of it, we're not caught directly in it in this lifetime. Our contract is to see it and find a way to have it removed. Now we've got the authority to have it removed. The manifestations are already happening. Our family members are no longer locked into the contracts anymore. So that's a major piece, too. So that the contracts that force them into doing those roles well, we made it ourselves are gone. So a lot of things, a lot of possibilities. Teresa, I see you're unmuted.

I just wanted to say one thing of appreciation that I've appreciated that you are doing as a facilitator is. I appreciate how welcoming you are when people bring other ideas of resources to share. I haven't always found that to be the case in some classes that I've attended. And the other thing is, I found myself getting a little emotional when you were talking about the sun path, because, again, you're encouraging each of us to not follow you as a prophet, so to speak, but to take what works and then just. There's so few spaces. There's so many spaces where I feel like I'm being sold something as, like, the answer or the cure or the this or the this. And so I just really appreciated that you're taking the time to talk about the

sun path that we each have. That is for us to discover and just giving voice to that. So I just found myself feeling, like, getting a little emotional because that is not what I find a lot in the world. So thank you.

I'm just going to remind you we are playing on the galactic landscape. On the galactic landscape, there are truths, there are laws, there are ideas that do not exist out in the world because those have been hidden intentionally. So I just have to give credit to my teachers who showed me this landscape, and I agree with you. This is an amazing, wonderful place to be, and I'm glad to be there with you. So thank you for that, Teresa. Okay, my friends, knowing that you are cocooned in the sixfold. Yes. Oh, be careful, Teresa. You might trigger something. We are all cocooned in the sixfold. We have beings of light walking with us. We are learning more and more about the connections and how to be there with them and for them and for us, and so grateful for us here in this community. So enjoy your week, and until next class, we'll see ourselves loved and held. Bye, everyone.

Thank you, Sharon, as always, lots of love.

Thank you.

Thank you.

Have a beautiful week, everybody. Bye.